



COMPREHENSIVE
FAMILY HEALTH

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What to Expect After Your Xeomin® Procedure

It takes approximately 3-7 days to start seeing the results so it is important to be patient. Results typically last 3-6 months, the average is 4 months. You should notice an improvement in your wrinkles and facial appearance by the end of the first week. A touch up may be necessary in 1-2 weeks. Please contact our office to schedule an appointment if after the 8th day you have not received the desired effect.

Other important factors to remember include:

- Remain upright (no bending over or reclining) for four hours
- Do not massage or scratch the injection site
- Avoid makeup for two hours after injections
- On the day of treatment, avoid heavy aerobic activity, hot showers/baths, and consumption of alcohol
- Makeup may be applied shortly after treatment unless otherwise instructed. Apply makeup gently, avoiding strenuous rubbing of the injection area
- The treatment area may be gently washed a few hours after treatment, avoiding aggressive scrubbing or rubbing
- Sunbathing or excessive UV exposure should be avoided until the redness or swelling have subsided